

employee solutions

# **EMPLOYEE** WELLNESS PROGRAMME

Our primary drive:

Supporting our clients' company wealth at its core.





We as IPM are proud to have partnered with a like-minded company who's credibility and support structure offer the holistic support we have been looking for, for both Employee and Employer.

80%

of companies who measured the ROI on their employee wellness programs have found positive returns.

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#### FOR YOU & YOUR FAMILY

	CORE EWP	CORE OFFERING BENEFITS		
employee solutions	CARE CENTRE	Unlimited, toll free 24/7 professional support. Online portal and application interaction access.		
	FACE-TO-FACE COUNSELLING	6 Face-to-Face sessions, per person, per incident. Professionally registered psychologists, counsellors and social workers.		
	TRAUMA MANAGEMENT	<ul> <li>Group trauma critical incident stress care.</li> <li>Defusing &amp; debriefing.</li> <li>Follow up protocol.</li> </ul>		
	LIFESTYLE MANAGEMENT	Unlimited financial and legal coaching. Legal advisory services.		
	MANAGERIAL SERVICES	Managerial coaching. Upskilling of programme support & utilization.		
	ORGANISATIONAL CONSULTING	<ul> <li>Policy review and strategy.</li> <li>Reporting and consulting.</li> <li>Regional and dedicated account management.</li> </ul>		
INITIAL AND CONTINUED SUPPORT				
	MONTHLY SUPPORT	ON-GOING SUPPORT SERVICE FEES		

		SERVICE TEES
Programme Launch	Calendar Initiatives	Absense & Capacity Management
Employee Support	Monthly Campaigns	Chronic Disease Management
Managerial Support	Feedback Reports	And Many More

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PSYCHOSOCIAL	CASE EXAMPLES:
ACCESS TO EXPERIENCED & QUALIFIED SOCIAL WORKERS COUNSELLORS, COACHES & PSYCHOLOGISTS. Counselling services are offered for all personal and work-related matters	<ul> <li>Family, relationship, marital, parent-child difficulties</li> <li>Gambling, substance, and alcohol dependencies</li> <li>Bereavement and loss</li> <li>Emotional and adjustment disorders.</li> <li>Sexuality and gender problems</li> <li>HIV/Aids related problems.</li> <li>Financial management.</li> <li>Coping with the illness of others.</li> <li>Critical stress debriefing.</li> <li>Pregnancy, family planning.</li> <li>Child behavioral problems.</li> <li>Psychotherapy</li> <li>Anger management</li> <li>Sexual harassment</li> <li>Post-traumatic stress disorders</li> <li>Workplace and domestic violence</li> <li>Victimization and harassment at work</li> <li>Job loss/redundancy/relocation</li> <li>Communication problems</li> <li>Suicide / homicidal threat</li> <li>General health awareness and education</li> </ul>
LEGAL ADVICE	CASE EXAMPLES:
THE LEGAL SERVICES TO EMPLOYEES CONSISTS OF GENERAL TELEPHONIC ASSISTANCE WHICH COVERS ANY LEGAL MATTER FOR ASSISTANCE & ADVICE	<ul> <li>Criminal offences</li> <li>Fines</li> <li>Debt</li> <li>Contracts</li> <li>Divorce</li> <li>Maintenance</li> <li>Any other Legal enquiry.</li> </ul>
Please note that Labour Law matters are excluded from this service and no such advice will be given to any employee for themselves or for other 3rd parties they are phoning on behalf of since it will constitute a conflict of interest.	Sample legal documents provided: - Acknowledgement of debt - Lease – residential property - Trust deed - Deed of suretyship - Last will and testament - General power of attorney - Loan agreements
	Additional Legal Advice and Assistance: - Small claims court - Obtaining an uncontested divorce - How to claim maintenance - Domestic violence - Marriage options – do I need ANC - Registering a child's birth



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FINANCIAL ADVICE	CASE EXAMPLES:
EMPLOYEES ARE OFFERED TELEPHONIC COUNSELLING & COACHING FROM PERSONAL FINANCIAL ADVISORS DURING WORKING HOURS	<ul> <li>Debt counselling / Taking control of your debt</li> <li>Debt counselling under the NCA</li> <li>Debt and Law</li> <li>Financial health and budgeting</li> <li>Financing your house and car</li> <li>Savings and planning for the future</li> <li>Understanding banks and finance</li> <li>Loans, asset financing and banking issues</li> <li>NCA disputes and blacklisting</li> <li>Retirement and ill-health planning</li> <li>Dealing with retrenchment</li> </ul>
HEALTH INFORMATION	CASE EXAMPLES:
PERSONALIZED ELECTRONIC ADVISORY & INFORMATION SERVICES WILL BE AVAILABLE TO EMPLOYEES THROUGH USE OF THE <u>EWP</u> PORTAL	<ul> <li>Individual online profile</li> <li>Filtered information according to employees needs</li> <li>Professional and trusted resources</li> <li>Free access to documentation and templates</li> </ul>



## Employee Wellness Programme - for you and your family

Being able to provide these **Four Pillars of Support**, not only to your employees but to their household members as well and adds even greater impact to what **The Employee Wellness Programme** can have on your staff and company.

## PSYCHOLOGICAL

counselling

## FINANCIAL

advice

LEGAL

advice

#### HEALTH

information

## **GET IN TOUCH**

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